

Graphics by Bluegill Graphix

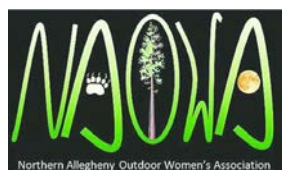
## 5K Run and Fun Walk

**October 23, 2016**  
**Chapman State Park**  
Starting Line at the Boat Launch

Registration begins at 7:30 am

Race starts at 8:30 am

Hosted by:



### Runner Entry Fee:

**Early Registration by 10/07/16: \$20.00**  
includes a commemorative t-shirt and Champion  
Chip timing

**Late Registration: \$25.00** t-shirt not guaranteed

### Fun Walk Entry Fee: (walkers not timed)

**Early Registration by 10/07/16: \$15.00**  
includes a commemorative t-shirt

**Late Registration: \$20.00**

### Course:

5K trail course with several hill climbs

**Start & Finish at the Warming Hut  
parking lot / Boat Launch**

### Awards:

#### RUNNERS

Top 3 Male and Female Overall

Top 3 Male & Female in each of the  
following age groups (no duplications)

11 & Under / 12 – 15 / 16 – 19  
20 – 24 / 25 – 29 / 30 – 34 / 35 – 39  
40 – 44 / 45 – 49 / 50 – 54 / 55 – 59/  
60 & over

Registration Forms at:  
[www.warrenparuns.com](http://www.warrenparuns.com)

**Waiver:** In consideration of accepting this entry, I the undersigned intending to be legally bound for myself, my heirs, personal representatives, successors, and assigns, waive and release any and all claims for losses and damages I may have against the Warren Explorer Post 312, the Northern Allegheny Outdoor Women’s Association, Chapman State Park and their representatives, for any and all injuries or illnesses that may result from this event. I agree that I have sufficiently trained for the completion of this event. I also understand and agree that any sponsor may use for publication my name and/or results of me participating in this event without any obligation or liability to me.

**Date** \_\_\_\_\_ **Signature:** \_\_\_\_\_

**Name:** \_\_\_\_\_

**Age as of October 23, 2016:** \_\_\_\_\_ **Sex: Male / Female**

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Shirt Size(s): Adult: S M L XL XXL Youth: S M L XL**

**Run:** \_\_\_\_\_ **Fun Walk:** \_\_\_\_\_ **(not timed)**

**Signature of Parent/Guardian:** \_\_\_\_\_  
**(If participant is under 18 years of age, a parent or guardian must sign)**

This event will be scored by **The Runner's High** using the ChampionChip Timing System. On race day, runners will be issued a rental computer chip which is attached to the shoe lace and worn throughout the race. Special mats at the finish will record a finishing time for each chip. All rental chips must be returned at the finish line. Chips which are not returned are the responsibility of the runner.

**Mail Application to: Jessica Arnold  
8514 Route 27  
Pittsfield, PA 16340  
(814) 688-0393**

**MAKE CHECKS PAYABLE TO: Warren Explorer Post 312**